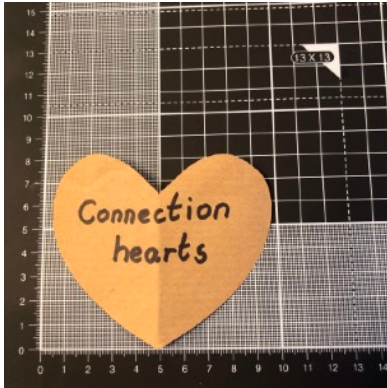


Connection Hearts

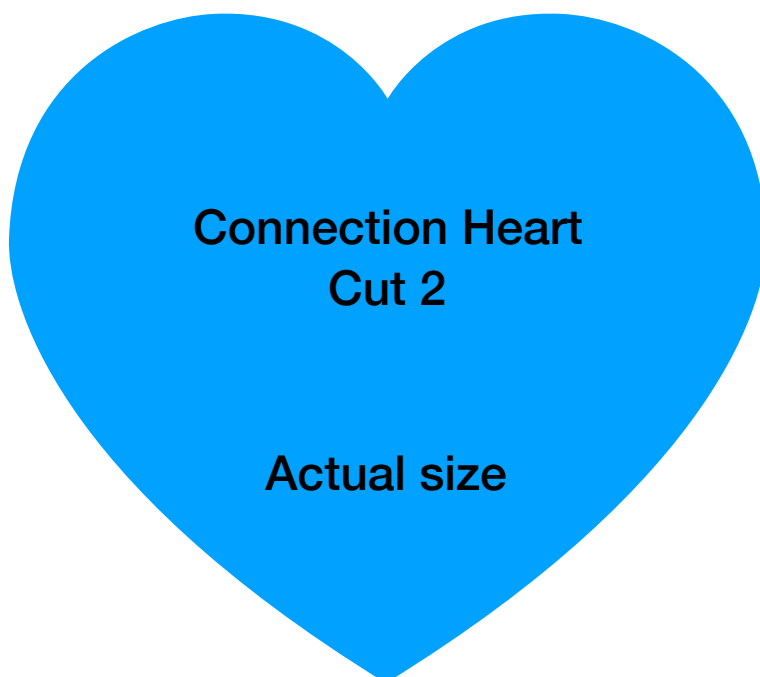
These hearts provide a connection between patients in hospitals and hospices and their families, especially where loved ones are unable to visit. They can be made of any fabric but need be made in groups of two plus so they can be distributed between family members.



1. Cut 2 heart shapes approx 8cm in height and 10 cm across.



2. Embellish, then sew together and lightly stuff. Make in groups of 2, 4, 6, 8, 10.



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